

**Sample Programme**  
**“Addressing Environmental Problems”**  
**Grades: 8-10**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Theme</i>	<i>Arrival Day</i>	<i>“Our Resources: Food, Water &amp; Shelter”</i>	<i>“Our Surrounding Environment”</i>	<i>“Taking Action, Improving our Environment”</i>	<i>Departure Day</i>
6 am					
6:30		Breakfast	Breakfast Clean-up	Breakfast	Breakfast
7am		Clean-up	Day overview/ Check water traps	Clean-up	Clean-up
7:30		Day overview/Weather Report	Dune Walk	Day overview/Check insect traps	Evaluation
8		Powers of the Sun	Continued...	Insect IDs	Conclusion
8:30					Clean-up Centre
9		Small Break	Continued...	Small break	
9:30		Solar Cooking		Biodiversity posters	Walk to Parking
10		(for lunch and dinner)	Break	Continued...	Depart
10:30		Water Activities	Solar Cooking	Solar Cooking	
11		Making our own water	(for lunch and dinner)	(for lunch and dinner)	
11:30		24 hour water count	24 hour water count	24 hour water count	
12pm		Continued...	Lunch	Lunch	
12:30		Lunch	Clean up		
1		Clean up	Break	Clean up	
1:30		Break		Break	
2	Arrive	Break	Break	Break	
2:30	Walk to Centre/ Meet under Tree				
3	Make groups/names & move in Centre, water, tell names, introduction	Environmental Crisis	Recycled Fire bricks	Water evaluation Sustainability Game	
3:30					
4	Orientation Treasure Hunt, Overview, Rules, Menu, Journals	Continued...	Continued...	Sustainable Living Dramas	
4:30					
5	Team Building Games (elect a group leader)	Welcome to the Desert	Set up pitfall and shermann traps	Continued...	
5:30					
6	Free Time	Free Time	Free Time	Free Time	
6:30				Dune Boarding	
7	Dinner	Dinner	Dinner	Dinner	
7:30	Clean-up	Clean-up	Clean-up		
8	NamibRand Nature Reserve Slide Show	Environmental video	Desert Twister and UV light	Clean-up Enviro Quiz	
8:30					
9	Lights out			Lights out	
9:30		Lights out	Lights out		